



the market

Monday
12/02/2024

Tuesday
12/03/2024

Wednesday
12/04/2024

Thursday
12/05/2024

Friday
12/06/2024

Saturday
12/7/2024

Sunday
12/8/2024

Soup
Of the
Day

Gumbo
Lentil Soup *GF

Ham and Potato
Vegetable & Wild
Rice

Chicken Enchiladas
Tomato Basil*GF

Menudo
Fire roasted
Vegetable Soup

Smoke red pepper
Gouda
Italian Five Bean
Soup*GF

Action
Station

Sliders

Fajita Station

Create Your Own Pasta

Shrimp Ceviche
Tostadas

Frito Pie

Culinary
Exchange

Chicken Cordon Bleu
Garlic Butter Roast
Pork
Peas and Carrots *GF
Roasted Potatoes *GF
Roasted Brussels
Sprouts*GF
Dinner Rolls

Green Chili Shrimp
Pork Chili Verde
Spanish Rice
Refried Beans
Mexi- Corn *GF
Tortillas

Beef Brisket
BBQ Sausage
Bake Beans
Corn bread
Green Beans *GF
Garlic Breadsticks

Salmon/ Poblano
Aioli
Glazed Meatloaf
Mashed Potatoes
Roasted Brussels
Sprouts
Vegetable Blend*GF
Dinner Rolls

Bourbon Street
Chicken
Shrimp Etouffee
Rice Pilaf
Asparagus *GF
Vegetable medley
*GF
Dinner Rolls

Chopped Steak
Broccoli
Roasted Red
Potatoes *GF

Chef's Choice
Protein
Chef's Choice
Starch
Chef's Choice
Vegetable*GF

WFPB

Korean Noodle Salad

Butternut squash
Curry/ Brown Rice

Pasta Primavera

Moroccan Spiced
Tofu/ White rice

Ratatouille

Specialty
Sub

Seafood Po'boy

Roasted Vegetables
with Hummus

Four Bean Hummus
Wrap

Chicken Caesar Wrap

Eggplant and
Mushroom Fajita
Wrap

Pizza

Supreme Pizza

Ultimate Veggie
Pizza

Calzones

Gluten Free Pizza
with Cauliflower
Crust*GF

Hawaiian Pizza



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

