



the market

Monday
2/10/2025

Tuesday
2/11/2025

Wednesday
2/12/2025

Thursday
2/13/2025

Friday
2/14/2025

Saturday
2/15/2025

Sunday
2/16/2025

Soup
Of the
Day

Chili
Roasted Vegetable
soup *GF

Ham and Potato
Wild Rice Soup

Chicken Enchiladas
Tomato Basil*GF

Menudo
Lentil Soup

Smoke red pepper
Gouda
Italian Five Bean
Soup*GF

Action
Station

Sliders

Fajita Station

Create Your Own Pasta

Shrimp Ceviche
Tostadas

Bouilli, maple slaw
(Canadian dish)

Culinary
Exchange

Chicken Cordon Bleu
Potato crusted whiting
Peas and Carrots *GF
Roasted Potatoes *GF
Roasted Brussels
Sprouts*GF
Dinner Rolls

Mexican Garlic
shrimp
Pork Chili Verde
Spanish Rice
Refried Beans
Squash ala Mexicana
*GF
Tortillas

Beef Brisket
Chicken al pastor
Borracha Beans
Mac and Cheese
Steamed Broccoli *GF
Garlic Breadsticks

Salmon/ Poblano
Aioli
Glazed Meatloaf
Mashed Potatoes
*GF
Mixed Vegetables
Green Beans *GF
Dinner Rolls

Bourbon Street
Chicken
Shrimp Etouffee
Rice Pilaf
Asparagus *GF
Oven Roasted
Cauliflower *GF
Dinner Rolls

Chopped Steak
Broccoli
Roasted Red
Potatoes *GF

Chef's Choice
Protein
Chef's Choice
Starch
Chef's Choice
Vegetable*GF

WFPB

Korean Noodle Salad

Butternut squash
Curry/ Brown Rice

Pasta Primavera

Moroccan Spiced
Tofu/ White rice

Ratatouille

Specialty
Sub

Seafood Po'boy

Roasted Vegetables
with Hummus

Four Bean Hummus
Wrap

Chicken Caesar Wrap

Eggplant and
Mushroom Fajita
Wrap

Pizza

Supreme Pizza

Ultimate Veggie
Pizza

Calzones

Gluten Free Pizza
with Cauliflower
Crust*GF

Hawaiian Pizza



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

