



the market

Monday
02/17/25

Tuesday
02/18/25

Wednesday
02/19/25

Thursday
02/20/25

Friday
02/21/25

Saturday
02/22/25

Sunday
02/23/25

Soup
Of the
Day

Action
Station

Culinary
Exchange

WFPB

Specialty
Sub

Pizza

Gumbo Harvest Vegetable *GF	Chicken Enchiladas Vegetable & Wild Rice	Loaded Bake Potato Tomato Basil*GF	Chicken Pot pie Smoke Red Pepper	Clam Chowder Italian Five Bean Soup*GF	---	---
Caesar Salad	Fajita Station	Create Your Own Pasta	Brisket Nachos	Culinary Passport (Nepal) Gorkhali Lamb	---	---
Pork Burgundy Garlic Green Beans*GF Crawfish Ravioli Mash potatoes California Blend *GF	Chicken mole Carne Asado Papas Ala Mexicana Fiesta Corn Calabaza con asadero *GF Tortillas	Marry me salmon Cashew Chicken Wild rice *GF Asparagus *GF Roasted Brussels Sprouts *GF Garlic Breadsticks	Blackened Catfish Chicken Fried Steak Mashed Potatoes Honey dill Carrots Steamed Broccoli *GF Dinner Rolls	Shrimp Ala Mexicana Cilantro Lime Rice *GF Chuletas Roasted Squash and zucchini *GF Ranchero Beans *GF Dinner Rolls	Pulled Pork Enchiladas Spanish Rice Fiesta Corn *GF	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
Crispy Tofu with peanut sauce and cabbage slaw	Plant Based Tamales With Red Sauce	Forrager Mushroom Pasta	Stuffed Sweet potato	Couscous Salad	---	---
Seafood Po' boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		

 **Whole Food Plant Based** (Vegan) is indicated with green font.

 **Gluten Free** is indicated with an asterisk *GF and orange font after the food item

