



the market

	Monday 4/07/2025	Tuesday 4/08/2025	Wednesday 4/09/2025	Thursday 4/10/2025	Friday 4/11/2025	Saturday 4/12/2025	Sunday 4/13/2025
Soup of the Day	Smoke red pepper Gouda Minestrone	Chicken Tortellini Vegetable & wild rice	Chicken Pot pie Tomato Basil*GF	Caldo de Rez Lentil Soup	Ham and Potato Italian Five Bean Soup*GF	-----	-----
Action Station	Sliders	Fajita Station	Create Your Own Pasta	Nachos	Culinary Passport Antigua and Barbuda Caribbean Salad	---	---
Culinary Exchange	Tandoori Chicken Quarters *GF Roast Pork *GF Mashed Potatoes Steamed Broccoli *GF Roasted Brussels Sprouts *GF	Shrimp Ala Mexicana Beef Al Pastor Cilantro Lime Rice*GF Jalapeno Zucchini *GF Fajita Vegetables Tortillas	BBQ Chicken Bake beans Brisket *GF Collard Greens *GF Cornbread Bread sticks	Coq Au Vin Ropa Vieja Steamed Rice Maduros *GF Steamed Carrots *GF Dinner Rolls	Garlic Butter Tilapia *GF Roast Pork Loin *GF Mashed Potatoes *GF Sauteed Cabbage *GF 5-way Vegetables*GF Dinner Rolls	Lasagna Steamed Broccoli *GF	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
WFPB	Paella Verdura	Tofu Curry/ Rice	Plant based Meatballs, Spaghetti	Chickpea Stew/ Vegan potatoes	Plant Based Pot pie	---	---
Specialty Sub	Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Pizza	Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

